













## 2010 West Mifflin Track and Field

Jaison Faulk	56.03								
Kevin Clarke								53.8	
Don Tyler								58.4	
Brett Wilson									
Lauren Allas		65.14	65.79	64.4	66.39		64.31	64.5	67.07
Courtney McCarten	73.54	71.87		71.06	71.19		71.91	72.9	72.12
Katie Loop		68.48	69.76	67.97	69.38		68.16	72.1	67.16
Amanda Crow			75.16				71.31		
<b>800m</b>	<b>S Hills Clas</b>	<b>Belle Vern</b>	<b>EF</b>	<b>Big 7</b>	<b>TJ/Ring</b>	<b>Butler</b>	<b>Char Val</b>	<b>But JV</b>	<b>TJ Invite</b>
Rocco Scarlotto		02:07.7	02:11.7	02:08.2	02:09.2		02:06.4		
Mike Metosky		02:06.4			02:09.6		02:06.2		
Randy Catalogna	02:12.4		02:15.4		02:12.0				02:10.2
Don Tyler	02:22.6	02:18.3	02:17.0		02:21.7		02:18.8		02:19.2
Brett Wilson	02:17.8	02:28.4						02:12.2	02:11.7
Shekem Tayler	02:16.8	02:17.5				02:16.4			
Aaron Bonacci	02:27.8	02:48.7							
Jon Tomasic			02:43.8						
Lauren Fagan	03:03.0	03:11.7	03:13.1		03:09.8				
Justine Fuga		02:44.0	02:47.5	02:44.7	02:44.2		02:44.0	02:48.4	02:48.0
Terri Sherlock		03:28.2							
Amie Olasz			03:23.6		03:23.2		03:11.0		
Courtney McCarten	03:02.0			02:56.9			03:02.0		02:56.0
Caitlyn Hawthorne			02:57.7	02:50.6	02:46.0		02:45.0	02:46.0	02:52.0
<b>1600m</b>	<b>S Hills Clas</b>	<b>Belle Vern</b>	<b>EF</b>	<b>Big 7</b>	<b>TJ/Ring</b>	<b>Butler</b>	<b>Char Val</b>	<b>But JV</b>	<b>TJ Invite</b>
Brett Wilson	05:34.0	05:21.9	05:41.7						
Randy Catalogna		05:08.6	05:48.7	05:01.2		05:02.4	04:57.0		05:05.7
Casey Surmick		04:48.3	05:02.1	04:43.9	04:52.8		04:48.0		04:55.6
Jon Vargo	05:20.0	05:22.0	05:48.1					05:41.0	
Aaron Bonacci	05:19.0	05:16.5	05:28.4				05:23.0		
Phil Hromanik					06:01.1		05:39.0		
Don Tyler	05:25.0	05:21.0	05:33.2				05:30.0		



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Brandon Yarnovich			05:14.1	05:13.0					05:37.0
Lauren Fagan	06:41.0		07:36.6		06:40.6		06:42.3	06:49.0	
Justine Fuga			06:29.5	06:07.7	05:58.1		06:33.4	06:26.0	05:59.9
Britany Fagan	06:11.0		06:25.3	06:03.0	05:57.6		06:02.5	06:01.0	06:12.0
Caitlyn Hawthorne			06:58.6		06:25.0		06:33.9		
Abby Boytos			07:12.4	06:57.0	06:50.6		06:52.3	07:00.0	
Amanda Crow					06:47.0				
<b>3200m</b>	<b>S Hills Clas</b>	<b>Belle Vern</b>	<b>EF</b>	<b>Big 7</b>	<b>TJ/Ring</b>	<b>Butler</b>	<b>Char Val</b>	<b>But JV</b>	<b>TJ Invite</b>
Casey Surmick		10:39.5	12:34.2	10:12.0	12:47.0	11:09.1	10:45.0		10:15.0
Jon Vargo	11:45.0	12:08.6	12:28.6	12:33.0				12:36.0	
Randy Catalogna		11:31.4		12:11.0			11:38.0		
Brandon Yarnovich			12:29.1						
Brittany Fagan	13:38.0	13:37.7	13:11.1	12:53.0			13:14.0	13:17.8	13:32.9
Abby Boytos			14:35.2	15:40.0			15:30.7	14:38.0	14:44.5
Lauren Fagan							14:33.0	14:03.0	14:11.8
Abbie Kulhanick							15:30.7		
<b>Long Jump</b>	<b>S Hills Clas</b>	<b>Belle Vern</b>	<b>EF</b>	<b>Big 7</b>	<b>TJ/Ring</b>	<b>Butler</b>	<b>Char Val</b>	<b>But JV</b>	<b>TJ Invite</b>
Derrick Fulmore	17' 6"	18' 6"	19' 3 1/2"		17' 1 1/4"		19' 11"		18' 1"
Colin Killins	19' 4"		20' 10"	20' 9 1/2"	21' 1/4"	20' 5"	20' 10"		20' 7"
Louis Malone			15' 7"	16' 6"					
Dominic Pastore			16' 5"		14' 8 1/4"		15' 6"		
Daniel Francis					17' 6 1/4"				
Jason Faulk					16' 7 1/4"				
Brett Wilson		18' 11"	17' 3 1/2"						
Jon Hess		14' 7"	16' 6 1/2"		17' 1 1/4"		17'	16' 8"	17'
O' Shea Browner		16' 8 1/2"			17' 2 1/2"		17' 4"		
Louis Weber			18' 9"	18' 1 1/2"	17' 3 1/2"		18' 7"		
Jazmyne Hayes	14'3"	15' 6 1/2"	14' 11"	15' 8"	14' 11 1/4"		16' 7 1/2"		15' 3"
Kasey Hinkle		12' 10"					12' 4"		
Caroline Opferman	14' 2"	16' 1 1/2"	14' 6"	15' 1"	14' 8"		16' 8"		14' 11"

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Brandon Yarnovich	05:39.8								
Lauren Fagan	06:48.2		06:53.0		06:42.7		06:49.6		
Justine Fuga	06:04.9	06:09.8		05:48.0	06:05.9		05:47.9		
Britany Fagan	06:02.5	05:52.5	06:07.0	05:55.0	06:30.4				
Caitlyn Hawthorne	06:37.9		06:29.7		06:34.6				
Abby Boytos	06:49.6								
Amanda Crow									
<b>3200m</b>	<b>Trinity</b>	<b>Tri-State</b>	<b>Play-offs</b>	<b>Bald</b>	<b>WM JV</b>	<b>Qual</b>	<b>Latrobe</b>	<b>Finals</b>	<b>PIAA</b>
Casey Surmick	10:19.3		10:36.4	10:11.1				09:54.5	
Jon Vargo	12:42.0				12:01.2		13:00.4		
Randy Catalogna									
Brandon Yarnovich									
Brittany Fagan	13:37.2	14:03.5			12:55.1				
Abby Boytos	15:12.8						15:19.2		
Lauren Fagan	15:06.9				14:51.2		15:18.1		
Abbie Kulhanick									
<b>Long Jump</b>	<b>Trinity</b>	<b>Tri-State</b>	<b>Play-offs</b>	<b>Bald</b>	<b>WM JV</b>	<b>Qual</b>	<b>Latrobe</b>	<b>Finals</b>	<b>PIAA</b>
Derrick Fulmore			17' 10"	17' 9"					
Colin Killins	21' 1 1/2"			20' 6 1/2"					
Louis Malone									
Dominic Pastore	17'								
Daniel Francis									
Jason Faulk									
Brett Wilson									
Jon Hess	16' 1 1/2"				16' 7"				
O' Shea Browner									
Louis Weber	19' 3 1/2"		18' 7"						
Jazmyne Hayes	16' 4"	16' 11"	15' 5"	14' 4"					
Kasey Hinkle									
Caroline Opferman	15' 8"	15' 4"	15' 7 1/2"	15' 5"	14' 7"		15' 3"	16' 1"	

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Chelsey Wheeler		13'	12' 6"		10' 11 1/4"				
Adrianna Furbe		13'			13' 1 1/2"		13' 9"		
Breanna Topolnak		13' 2 1/2"	13' 6"		13' 4"				
Joi Chavis							13' 2"	13' 8"	
Lea Ivanoff		14' 9"	14' 5"	14' 5"			14'		13' 8"
Terri Sherlock							12' 9"		
Bethany Miller		13' 5"	13' 5"				13' 7"		
Brittany Davis									
Kelle Belle Reeves									
<b>Triple Jump</b>	<b>S Hills Clas</b>	<b>Belle Vern</b>	<b>EF</b>	<b>Big 7</b>	<b>TJ/Ring</b>	<b>Butler</b>	<b>Char Val</b>	<b>But JV</b>	<b>TJ Invite</b>
Brett Wilson	33' 6"	33' 9"	32' 2"		34' 8 1/4"		34' 2"		
Jon Hess		28' 1"	30' 8"		33' 3"		33' 2"	33' 9"	
Louis Weber			41' 11"	38' 10"	38' 7"		40' 9"		36' 4"
Louis Malone		37' 8"	35' 8"	37' 1"	35' 4"		36' 10"		
Colin Killins	40' 9"		41' 2 1/2"	41' 11"	41' 4"	42' 3"	41' 10"		41' 9 3/4"
Dominic Pastore			32' 2"						
D' Shea Browner		32' 7 1/2"							
Derek Fulmore			36' 3"				40' 8 1/2"	40' 1"	39' 5"
Jazmyne Hayes	34' 3"		33' 1/2"	33' 10"	34' 2"	35' 8 1/2"	34' 4"		34' 11"
Kasey Hinkle		27' 9 1/2"	25' 7"				25' 10"		
Caroline Opferman	29' 9"	32' 4"	31' 8"	32' 6"	29' 7 1/2"		30' 6"		29' 6"
Brit Davis							27' 3"		
Bethay Miller		27' 3"	26' 3"				29' 7"		
Joi Chavis							26' 11"	29' 8"	
Breanna Topolnak		28'	28' 7"	29' 6 3/4"	29' 3 1/4"				29' 6"
Adrianna Furbe		27' 7"							
Leah Ivanoff		27' 10"					29' 7"		
<b>High Jump</b>	<b>S Hills Clas</b>	<b>Belle Vern</b>	<b>EF</b>	<b>Big 7</b>	<b>TJ/Ring</b>	<b>Butler</b>	<b>Char Val</b>	<b>But JV</b>	<b>TJ Invite</b>
Terri Sherlock			NH						
Megan O'Kain			NH						
Jessica Pitts	4' 10"		4' 8"		4' 10"		4' 10"		
Jalyne Copeland		4' 6"	4' 6"	4'	4' 2"		4' 2"		



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Jazmine Hayes		4' 10"	4' 8"		4' 10"		5' 1"		4' 11"
Louis Weber			6' 0"	5' 6"	5' 8"		5' 8"		NH
O' Shea Browner		5' 2"			5' 4"		5' 6"		5' 3"
Dominic Pastore			5' 4"	5' 4"	5' 2"		NH		
Louis Malone		5' 6"	5' 8"	5' 8"	5' 6"		5' 6"		NH
Chalin Giles		NH							
<b>Pole Vault</b>	<b>S Hills Clas</b>	<b>Belle Vern</b>	<b>EF</b>	<b>Big 7</b>	<b>TJ/Ring</b>	<b>Butler</b>	<b>Char Val</b>	<b>But JV</b>	<b>TJ Invite</b>
Terri Sherlock		6' 6"	6'		NH		6' 6"		
Kasey Hinkle		7'	7'	7'			7'		7'
Megan O'Kain			NH		NH		NH	NH	
Carrie Gleason		NH	NH		NH		NH	5'	
Kendra Moxon		NH	NH		NH		NH	5'	
Amie Olasz			6' 6"		6'		6'	6'	6'
Bethany Miller		NH	6'				NH		
Lea Ivanoff		6' 6"	NH	6' 6"	NH		NH		NH
Breanna Topolnak		NH	6'	NH	NH				
Britany Davis									
Jon Tomasic			8'				7' 6"		
Lucious Steimer		7' 6"	8'	NH	7' 6"		8' 6"	7'	7'
Travis Anderson		8'	8' 6"	NH	7' 6"		7' 6"	7'	8'
Lamar Eubanks		7' 6"		8'	7' 6"		8' 6"	NH	
Kristian Prunty		NH	NH		NH				
<b>Shot Put</b>	<b>S Hills Clas</b>	<b>Belle Vern</b>	<b>EF</b>	<b>Big 7</b>	<b>TJ/Ring</b>	<b>Butler</b>	<b>Char Val</b>	<b>But JV</b>	<b>TJ Invite</b>
Cody Shipley		30' 4"	29' 1"		28' 5 1/2"		28'		
Austin Zitelli		22' 9"			21' 9 1/2"		23' 10"	23' 7"	
Akena Akena		28' 2"	31' 2"		30' 2 1/2"		28' 9"	30' 6"	
Brandon Smith			24' 9"		27' 8"		28' 5"	27' 9 1/2"	
Joe Opferman	39' 9 1/2"	36' 10"	39' 8 1/2"	36' 9 1/2"	36' 10 1/2"		39' 1"		39' 7"
Joe Cenname			35'		31' 7"		34' 11"		
Phil Hromanik	29' 4"	31' 9"	35' 3"		34' 2"		32' 11"		
Kwame Means	34' 10 1/2"	33' 5"	38'	37' 4 1/2"	33' 6"		35' 1"		

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Jazmine Hayes	4' 6"			5' 2"				5' 1"	
Louis Weber	5' 6"			NH		NH			
O' Shea Browner	5' 4"								
Dominic Pastore									
Louis Malone	5' 8"			NH					
Chalin Giles									
<b>Pole Vault</b>	<b>Trinity</b>	<b>Tri-State</b>	<b>Play-offs</b>	<b>Bald</b>	<b>WM JV</b>	<b>Qual</b>	<b>Latrobe</b>	<b>Finals</b>	<b>PIAA</b>
Terri Sherlock									
Kasey Hinkle	8'	8'	8'	NH		8' 3"		8' 3"	
Megan O'Kain	NH								
Carrie Gleason					NH		NH		
Kendra Moxon	6'						NH		
Amie Olasz	7' 6"		7'		7'		NH		
Bethany Miller					6' 6"				
Lea Ivanoff	6' 6"				7' 6"				
Breanna Topolnak	7'		7'		7'		7'		
Britany Davis	6' 6"								
Jon Tomasic									
Lucious Steimer	8'		9'		8'		9'		
Travis Anderson	8'		8' 6"		9' 6"		8'		
Lamar Eubanks	NH		NH				NH		
Kristian Prunty									
<b>Shot Put</b>	<b>Trinity</b>	<b>Tri-State</b>	<b>Play-offs</b>	<b>Bald</b>	<b>WM JV</b>	<b>Qual</b>	<b>Latrobe</b>	<b>Finals</b>	<b>PIAA</b>
Cody Shipley	27' 5"								
Austin Zitelli	23' 10 1/2"				22' 1"				
Akena Akena					31' 2 1/2"		29' 6"		
Brandon Smith	26' 7"				27' 7 1/2"				
Joe Opferman	35' 9"		38' 9"	37' 2"		34' 8"			
Joe Cenname	34' 11 1/2"								
Phil Hromanik	35' 2"								
Kwame Means	37' 2 1/2"		37' 9"			37' 8"			

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Beau Miller	45' 8 1/2"	45' 2"	49' 4"	46' 2"	46' 3"	46'	42' 2 1/2"		44' 6"
Tyree Atkinson		32' 7"	34' 8"		34' 6"		35' 2"	38' 6"	
Travis Teasdale		29' 3"	27' 6"		25' 2 1/2"		29'	29' 10"	
Dominic Gaydos			30' 8"		29' 5 1/2"			28' 3"	
Lauren Moore		16' 9"	15' 9"		16' 5"		18' 1"		
Jalyne Copeland	27' 8 1/2"	30' 8"	31' 4 1/2"	30' 4"	30' 10"	31' 3"	31' 2 1/2"		
Risonda Fields		31' 3"	30' 8 1/2"		31' 3 1/2"	28' 4"	29' 10 1/2"		
Bethany Gonzales		16' 10"	18' 4"		17' 10 1/2"		19' 1"		
Carlesha Payne-Harrison					23' 9 1/2"		22' 8 1/2"		
Carrie Gleason		16' 3"	16' 6"		15' 7"		16' 10"		
Kendra Moxon		21' 6"	21' 11"		20' 10 1/2"		22' 6"		
Jawella Wyne			19'		17' 3 1/2"		19' 10 1/2"		
Ashley Tarr		23' 10"	24' 9"		23' 7"		24' 8 1/2"		
Meg Okain									
<b>Discus</b>	<b>S Hills Clas</b>	<b>Belle Vern</b>	<b>EF</b>	<b>Big 7</b>	<b>TJ/Ring</b>	<b>Butler</b>	<b>Char Val</b>	<b>But JV</b>	<b>TJ Invite</b>
Austin Zitelli		66' 4"			60'		56' 11"	56' 7"	
Cody Shipley		75' 5"	64' 8"		60' 11"		76'		
Travis Teasdale		86' 7"	78' 3"		67' 7"		83' 1"	83' 5"	
Dominic Gaydos			78' 11"		87' 3"		87' 4"	90' 10 1/2"	
Brandon Smith			65' 10"		68' 9"		72' 3"	67' 9 1/2"	
Akena Akena		68' 2"	74' 11"		85' 5"		84' 9"	92' 1/2"	
Phil Hromanik	99' 9"	94' 9"	98' 10"	100' 4 1/2"	100' 2"		91' 2"		83' 8"
Joe Opferman	95' 3"	75' 1"	77' 1"		88' 2"		85' 8"		90' 3"
Joe Cennane			77' 9"		91'		97' 4"		
Kwame Means	112' 3"	110' 5"	96' 6"	111' 11"	116' 6"		100' 11"		
Beau Miller	123' 3"	126' 5"	132' 10"	124' 10"	128' 8"		126' 7"		129' 3"
Ashley Tarr			61' 5"		60' 10"		64' 5"		
Lauren Moore		41' 4"	45' 5"		43' 7"		52' 2"		
Bethany Gonzales		41' 9"	49' 2"		49' 8 1/2"		45' 11"		
Jalyne Copeland	89'	90' 7"	88' 9"	89' 11"	94' 11 1/2"		75'		
Risonda Fields			78' 1"		76' 9"		75' 4"		
Megan Okain							66' 10"		

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Beau Miller	44' 3"	44' 6"	46' 6"	44' 2"		46' 3"		44' 7 1/2"	
Tyree Atkinson	37' 2"				37' 10"		37' 6"		
Travis Teasdale	27' 3 1/2"				29' 1 1/4"		30' 11"		
Dominic Gaydos							31' 7"		
Lauren Moore	15' 6"								
Jalyne Copeland	30' 5"								
Risonda Fields	30'								
Bethany Gonzales	18' 9"								
Carlesha Payne-Harrison	20' 7 1/2"								
Carrie Gleason					17'				
Kendra Moxon	22' 9"				24' 10 1/2"		28' 8"		
Jawella Wyne	18' 2 1/2"				21' 11 1/2"		18' 11"		
Ashley Tarr	24' 8"								
Meg Okain	22' 2 1/2"				23' 11"		24' 3"		
<b>Discus</b>	<b>Trinity</b>	<b>Tri-State</b>	<b>Play-offs</b>	<b>Bald</b>	<b>WM JV</b>	<b>Qual</b>	<b>Latrobe</b>	<b>Finals</b>	<b>PIAA</b>
Austin Zitelli	62' 3"				63' 11'		59' 7"		
Cody Shipley	78' 7"								
Travis Teasdale	69' 3"				77' 1 1/2"		86' 11"		
Dominic Gaydos					82' 10 1/2"				
Brandon Smith	75' 11"				80' 1/2"				
Akena Akena					96' 3"		95' 1"		
Phil Hromanik	95' 11"	99' 8"							
Joe Opferman	93' 3"		100'	95' 4"		78'			
Joe Cename	96' 9"								
Kwame Means	112'		112' 6"			123'		110' 5"	
Beau Miller	135'	129' 6"	134'	126' 7"		127' 6"		130' 9"	
Ashley Tarr	65' 3"								
Lauren Moore	49' 9"								
Bethany Gonzales	45' 9"								
Jalyne Copeland	98' 11"								
Risonda Fields	51' 2"								
Megan Okain	61' 5"				83' 8"		80' 8"		

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Carliasha Payne-Harrison					52' 1"		54' 10"		
Jawellea Wyne			40' 1"		45' 7"		53' 6"		
Carrie Gleason		53' 7"	50' 4"		61' 8"		59' 6"		
Kendra Moxon		41' 4"	41'		62' 1"		46' 3"		
<b>Javelin</b>	<b>S Hills Clas</b>	<b>Belle Vern</b>	<b>EF</b>	<b>Big 7</b>	<b>TJ/Ring</b>	<b>Butler</b>	<b>Char Val</b>	<b>But JV</b>	<b>TJ Invite</b>
Beau Miller	143' 3"	155' 8"	167'	161' 7"	152' 5"	163' 6"	150' 8"		138' 9"
Travis Teasdale		103' 11"	90' 5"		103' 10"			99' 3"	
Joe Cenneme			71' 9"		92' 2"		102' 5"		
Joe Opferman	120' 2"	107' 1"	106' 5"	127' 7"	124' 6"		120' 11"		120' 11"
Kwame Means	101' 5"		148' 6"	134' 2"	141' 9"		133' 11"		
Austin Zenetti							60'	55' 4"	
Brandon Smith							81' 2"	77' 6"	
Terri Sherlock		83' 3"	72' 8"	70' 4"	73' 1"		80' 5"		
Jalyne Copeland	87' 7"	100' 7"	99' 4"	93' 8"	89' 9"	87' 3"	81' 4"		
Carliasha Payne-Harrison							60' 8"		
Jawellea Wyne							41' 4"		
Amie Olasz			61'		67' 10"		75' 9"	67' 1"	65' 10"
Megan O'Kain			68' 10"	75' 11"	60' 1"		88' 7"	85' 6"	
Kenda Moxon		51' 4"	52'		60' 9"		65' 8"	68' 5"	

<b>4x100m</b>	<b>Time</b>	<b>Place</b>
Burgwin, Hayes Triplett, Pitts	<b>49.05</b>	<b>WPIAL Finals</b>
Burgwin, Hayes Triplette, Pitts	<b>49.12</b>	<b>Baldwin Invite</b>
Burgwin, Hayes Triplett, Pitts	<b>49.36</b>	<b>Play-offs</b>
Burgwin, Hayes Triplett, Pitts	<b>49.93</b>	<b>Tri-State</b>
Burgwin, Hayes Triplett, Pitts	50.28	Trinity



## 2010 West Mifflin Track and Field

Burgwin, Hayes	50.31	PIAA
Triplett, Pitts		
Burgwin, Hayes	50.34	WPIAL Qualifiers
Triplett, Pitts		
Burgwin, Hayes	50.76	Char Valley
Triplett, Pitts		
Burgwin, Hayes	50.98	South Hills Classic
Opferman, Pitts		
Burgwin, Hayes	51.03	TJ Invite
Triplett, Pitts		
Triplett, Burgwin	51.27	Belle Vernon
Opferman, Hayes		
Pitts, Bunn	52.24	Butler Invite
Triplett, Hayes		
Burgwin, Hayes	52.48	Big 7
Opferman, Triplett		
Hayes, Opferman	53.42	Elizabeth Forward
Burgwin, Pitts		
Dorsett, Dolton	54.13	Latrobe
Bunn, Opferman		
Dorsett, Bunn	55.1	Butler JV Invite
Kulhanek, Loop		
Team A	56.52	West Mifflin JV Invite
Ivanoff, Opferman	57.01	Thomas Jefferson/Ringgold
Dolton, Dorsett		
Team B	57.91	West Mifflin JV Invite
Hayes, Francis	44.72	Play-offs
Greene, Alexander		
Hayes, Francis	45.13	Baldwin Invite
Greene, Alexander		
Hayes, Francis	45.18	Tri-State
Greene, Alexander		
Cherry, Clarke	45.18	Belle Vernon
Greene, Alexander		

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Alexander, Green	45.31	Elizabeth Forward
Cherry, Killins		
Killins, Greene	45.33	Char Valley
Cherry, Alexander		
Cherry, Francis	45.34	Trinity
Greene, Alexander		
Hayes, Clarke	45.37	Char Valley
Lighty, Francis		
Francis, Green	45.52	WPIAL Finals
Alexander, Killens		
Team A	45.53	Big 7
Cherry, Alexander	45.57	TJ Invite
Greene, Francis		
Hayes, Francis	45.79	WPIAL Qualifiers
Killins, Alexander		
Cherry, Greene	45.84	South Hills Classic
Alexander, ???		
Cherry, Greene	46.07	Thomas Jefferson/Ringgold
Alexander, Killens		
Killins, Green	46.11	Butler Invite
Alexander, Cherry		
Hayes, Clarke	46.26	Elizabeth Forward
Lighty, Francis		
Hayes, Malone	46.41	Thomas Jefferson/Ringgold
Atkinson, Lighty		
Hayes, Clarke	46.53	Trinity
Lighty, Atkinson		
Francis, Hayes	46.61	West Mifflin JV Invite
Lighty, Clarke		
Hayes, Francis	46.89	Belle Vernon
Malone, Lighty		
Hughes, Atkinson	46.93	Latrobe
Lighty, Francis		
Gaydos, Greene	50.04	West Mifflin JV Invite
Fulmore, ???		

## 2010 West Mifflin Track and Field

Steimer, Eubanks, ???, ???	52.83	West Mifflin JV Invite
<b>4x400m</b>	<b>Time</b>	<b>Place</b>
Triplett (62.4), Loop (67.7)	04:16.3	Big 7
Burgwin (61.4), Allas (64.5)		
Triplett (61.7), Bunn (65.9)	04:19.4	Tri-State
Loop (67.3), Allas (64.3)		
Bunn (67.2), Triplett (63.7)	04:22.3	Belle Vernon
Burgwin (67.7), Allas (63.5)		
Triplett (62.8), Bunn (68.6)	04:23.6	Trinity
Loop (66.9), Allas (65.3)		
Triplett (63.2), Bunn (65.5)	04:23.7	TJ Invite
Loop (65.3), Burgwin (69.6)		
Dorsett (71.6), Bunn (67.5)	04:28.9	Play-offs
Loop (66.8), Allas (62.8)		
McCarten, Bunn	04:29.3	Latrobe
Kulhenik, Loop		
Triplett (63.2), Loop (68.0)	04:30.0	Char Valley
Burgwin (74.5), Allas (64.8)		
Loop (67.6), Dorsett (67.7)	04:30.0	Thomas Jefferson/Ringgold
McCarten (71.1), Allas (65.7)		
Bunn (68.3), Triplett (66.3)	04:30.9	South Hills Classic
McCarten (71.1), Burgwin (64.7)		
Team A	04:36.1	Elizabeth Forward
Loop (70.5), Dolton (71.3)	04:38.8	Belle Vernon
McCarten (70.1), Dorsett (66.9)		
McCarten (72.8), Dorsett (70.5)	04:42.0	Char Valley
Crow (70.3), Bunn (68.7)		
Allas (64.8), Dolton (78.3)	04:43.9	West Mifflin JV Invite
Loop (67.2), McCartan (73.4)		
Loop (71.0), Dorsett (71.0)	<i>04:44.6</i>	Butler JV Invite
McCarten (74.0), Allas (67.0)		
Fuga (75.0), Crow (72.6)	04:59.0	Thomas Jefferson/Ringgold
Kulhenik (78.2), Cale (78.2)		

## 2010 West Mifflin Track and Field

Fuga (71.0), Dalton (83.0)	05:03.0	Trinity
McCarten (73.0), Dorsett (76.0)		
L. Fagan (84.6), B. Fagan (80.3)	05:32.0	Butler JV Invite
Boyotos (92.6), Hawthorne (74.4)		
Taylor (51.3), Jones (49.7)	03:23.6	Baldwin Invite
Moody (52.0), Metosky (50.4)		
Taylor, Jones	03:24.0	WPIAL Qualifiers
Moody, Metosky		
Jones, Metosky	03:24.5	WPIAL Finals
Moody, Taylor		
Taylor (51.3), Scarlotto (51.8)	03:25.3	Tri-State
Moody (51.1), Metosky (50.8)		
Taylor (51.0), Lighty (53.4)	03:26.0	Play-offs
Moody (50.0), Metosky (51.3)		
Jones (52.3), Taylor (51.4)	03:26.3	TJ Invite
Moody (51.2), Metosky (51.3)		
Jones (52.3), Taylor (51.5)	03:26.8	Butler Invite
Moody (51.2), Metosky (51.5)		
Scarlotto (53.5), Taylor (51.0)	03:29.0	Char Valley
Moody (51.4), Metosky (53.1)		
Jones (53.9), Scarlotto (52.8)	03:30.5	South Hills Classic
Moody (52.0), Metosky (51.7)		
Taylor (53.4), Scarlotto (53.2)	03:31.9	Big 7
Moody (52.7), Metosky (52.5)		
Taylor (53.5), Lighty (53.4)	03:33.0	Trinity
Moody (52.5), Metosky (53.7)		
Jones (53.1), Scartollo (56.1)	03:36.5	Belle Vernon
Moody (53.7), Metosky (54)		
Wilson, Bonacci	03:46.8	Latrobe
Tyler, Lighty		
Metosky (53.6), Cherry (60.0)	03:42.4	Elizabeth Forward
Shekem (52.2), Moody		
Taylor (53.2), Askernese (55.0)	03:42.5	Thomas Jefferson/Ringgold
Tyler (57.8), Faulk (57.0)		

## 2010 West Mifflin Track and Field

Jones, Lighty (56.6)	03:45.0	Elizabeth Forward
Faulk, Scarlotto (53.8)		
Lighty (53.6), Clarke (53.9)	03:48.0	Char Valley
Hromanik (62.6), Tyler (57.8)		
Wilson (56.4), Bonacci (58.9)	03:48.2	Butler JV Invite
Tyler (58.2), Lighty (54.7)		
Hayes (59.5), Lighty (57.1)	03:52.0	Belle Vernon
Alexander (57.6), Faulk (57.8)		
S. Taylor (56.3), Cherry (56.0)	03:53.5	Belle Vernon
Bonacci (56.4) Tyler (57.6)		
Hayes (56.2), Francis (61.9)	03:54.0	West Mifflin JV Invite
Clarke (58.4), Lighty (57.4)		
Thaxton (59.2), Lighty (57.8)	04:02.0	Thomas Jefferson/Ringgold
Cherry (62.0), Alexander (64.3)		
Tyler (57.6), Askernese (62.3)	04:05.3	Elizabeth Forward
Hayes (62.7), Fulmer (63)		
Bonacci (61.6), Hromanik (66.0)	04:06.0	Trinity
Catalogna (60.0), Tyler (59.0)		
Yarnovich (59.9), Bakewell (61.8)	04:07.6	Thomas Jefferson/Ringgold
Hughes (60.8), Burgwin (65.5)		
Francis (63.3), Clarke (59.4)	04:09.3	Elizabeth Forward
Alexander, Thaxton		
Thrower's Relay	05:10.0	Elizabeth Forward
<b>4x800m</b>	<b>Time</b>	<b>Place</b>
Fuga, Kerrigan	10:26.9	WPIAL Finals
Allas, McCarten		
Allas (2:35), Kerrigan (2:36)	10:30.0	Tri-State
Hawthorne (2:41), Fuga (2:37)		
Allas (2:33), Kerrigan (2:35)	10:32.0	TJ Invite
Hawthorne (2:44), Fuga (2:39)		
Allas, Kerrigan	10:37.1	WPIAL Qualifiers
Hawthorne, Fuga		
Allas (2:29), Hawthorne (2:45)	10:43.1	Char Valley
Kerrigan (2:44), Fuga (2:44)		

## 2010 West Mifflin Track and Field

Fuga, Hawthorn Allas, McCarten	10:47.7	Latrobe
Fuga (2:44), Allas (2:35) McCartan (2:51), Hawthorn (2:48)	10:59.8	West Mifflin JV Invite
Fuga (2:43), McCarten (2:53) Hawthorne (2:46), Allas (2:36)	11:00.0	Butler JV Invite
Fuga (2:39), Hawthorne (2:46) McCarten (2:54), Allas (2:39)	11:00.1	Thomas Jefferson/Ringgold
Allas (2:31), Kerrigan (2:46) McCarten (2:56), Hawthorn (2:46)	11:01.0	Play-offs
Allas (2:38), Kerrigan (2:49) Hawthorne (2:53), Fuga (2:56)	11:16.0	Trinity
Fuga (2:43), McCarten (2:52) McCarten (2:54), Allas (2:46)	11:16.8	Big 7
Fuga (2:41), McCartan (2:52) Fagan (3:02), Allas (2:49)	11:24.8	Belle Vernon
Fuga (2:44), McCarten (3:11) Fagan (2:51), Allas (2:38)	11:27.0	Elizabeth Forward
Hawthorne (2:47), Crow (3:03) Boytos (2:57), Kerrigan (2:48)	11:34.0	Elizabeth Forward
Metosky (2:04), Taylor (2:09) Scarlotto (2:08), Askernese (2:09)	08:31.1	Butler Invite
Metosky (2:05), Askernese (2:11) Taylor (2:09), Scarlotto (2:06)	08:32.6	Big 7
Metosky (2:05), Askernese (2:08) Catalogna (2:15), Scarlotto (2:11)	08:40.9	Belle Vernon
Scarlotto (2:12), Askernese (2:15) Catalogna (2:12), Metosky (2:12)	08:52.4	South Hills Classic
Wilson (2:12), Scarlotto (2:10) Bonacci (2:16), Tyler (2:18)	08:56.0	Tri-State
Metosky (2:10), Askernese (2:15) Taylor (2:14), Scarlotto (2:15)	08:56.0	Thomas Jefferson/Ringgold
Wilson (2:14), Yarnovich (2:15) Tyler (2:17), Catalogna (2:09)	08:56.1	TJ Invite

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Wilson, Vargo Bonacci, Tyler	09:09.5	Latrobe
Wilson (2:15), Yarnovich (2:13) Bonacci (2:26), Tyler (2:17)	09:12.4	West Mifflin JV Invite
Wilson (2:15), Vargo (2:33) Bonacci (2:17), Tyler (2:18)	09:25.1	Butler JV Invite
Wilson (2:20), Yarnovich (2:23) Bonacci (2:20), Tyler (2:21)	09:25.0	Trinity
Taylor, Scarlotto Askernese, Metosky	09:26.0	Elizabeth Forward
Catalogna, Wilson Bonacci, Tyler	09:28.0	Elizabeth Forward
Wilson (2:12), Bonacci (2:22) Tyler (2:15), Catalogna (2:43)	09:35.7	Char Valley